

# HIGHLIGHTS

September 2002

A Children & Youth Services Newsletter for Volunteers & Mentors of CYS-Project Together

Vol. XVII, No. 9

## For Your Information...

The date for the CYS-Project Together annual mentor/match picnic has been set for Saturday, Oct. 26, 2002, at Mile Square Park. There are rumblings that this might be a howling Halloween Brouhaha, but for now, the secrets are still with the skeletons in the closet. Regardless, put it on your calendar with a note to wear comfortable clothes and a happy face because, as always, we are going to have fun...

Be prepared for a full fall line up of CYS-Project Together activities. Mark your calendars: In addition to the picnic, a mentor training about "How to Cope with Difficult Situations by South/Costa Mesa Regional Volunteer Coordinator, Jonathan Schiesel, is on the schedule for Oct. 8, 10, 15, 17 and 22. For our mentors' convenience, each session will be held in a different region of the county. The annual CYS-PT Holiday BouTEAque is slated for mid-November, and will be marked by some exciting changes. CYS-Project Together staff members are conducting a series of Santa's Workshops to get ready for this event. Watch the newsletter for further details...

Thank you to all who have generously shared their favorite recipes, including some family secret treasures with CYS-Project Together for our soon-to-be-released "Sweet, Savory & Sassy" cookbook. This is a collaborative effort with our community partner, the Mental Health Association (MHA), and features recipes from staff, volunteers

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## Therapist Spotlight

### Therapist Lynda Akiyama Loves Working With Children



Lynda Akiyama, MSW, Clinical Social Worker at the Child Guidance Center in Fullerton, has always enjoyed working with children.

When she joined the team at the Fullerton location in 1998, it was her first experience providing therapy to children. "I found that the newness of being a therapist was a challenge, but it felt good to be providing direct services to youth," says Lynda. She enjoys having the opportunity to work with children and their families, as well as being able to collaborate with other county programs and utilize their resources for the benefit of her clients.

Recently, Lynda began using CYS-Project Together (CYS-PT) mentors as a resource for her clients after hearing about the program from other therapists. She is excited about this type of partnership which allows volunteers from the community to support the therapeutic process by becoming involved one-on-one with a child.

As a matter of fact, she feels that all of her clients could benefit from having a mentor because everyone could use a positive role model in his/her life. She has been able to track first hand

the impact CYS-PT mentors have had on her clients. One mentor, who has worked consistently with one of Lynda's clients for a year, has provided the client with constructive activities and has broadened the child's exposure to the community. The child looks forward to the weekly outings with the mentor and has become happier, more optimistic, more trusting and more interested in outside activities as a result.

"This mentor and client have been a successful match. They hold similar interests, spend time sharing these interests and have learned new things from one another," according to Lynda's assessment. She has found the CYS-Project Together mentoring program to be valuable in helping her clients develop a constructive approach to life by exposing them to new experiences and challenges and by helping them develop relationships of trust.

When Lynda was exploring her career options, she chose social work. It seemed like "a good fit" because she knew from an early age that she wanted to work with children. Subsequently, she obtained her B.A. degree in Psychology from the University of California at Irvine and her Master's in Social Work

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## Volunteers Are Special!

# Working With Youth Is Best Way to Spend Time

Chuck Blanford's philosophy is to "jump in with both feet" and be committed to the task of making a connection to make a difference.

Chuck has been a CYS-Project Together mentor in South Region/Laguna since May, but has been successfully mentoring youth in one way or another most of his adult life.

"What better way to spend your spare time, than working with youth in Southern California?" according to Chuck. "I found a great opportunity through CYS-Project Together. After my initial meeting with Lee Boon, (Volunteer Coordinator, South/Laguna), I was firmly convinced that this project was just right for me," he said.

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*"I found a great  
opportunity through  
CYS-Project Together."*

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Chuck is mentoring a 10-year-old boy with whom he has shared time and activities at local parks, at the beach skimming rocks, going to the movies, and even attending a baseball game and barbecue with other mentors. Chuck was delighted with the chance to meet other adults serving as mentors with CYS-Project Together and to realize how devoted they are. He plans a trip to the zoo and several more trips to the beach, a favorite of his mentee, before the end of summer.

Mentoring and working with youth comes naturally to Chuck. He has had extensive experience working with children and teenagers in various capacities. He spent four years as a scout master, helping the troop grow from 10 boys to 60. He and his wife, Pat, keep in contact with the boys from the troop who are now grown. He also has served as a volunteer with Match-2



Prisoner Outreach Program at the California Youth Authority (CYA) and has maintained contact with his match through regular letters and phone calls every other week. Chuck and his fellow employees at Parker Hannifin Corp. have donated 2,500 books, magazines and videotapes to the CYA program.

Chuck has also served over the years as the "mentor next door" for the youth in his neighborhood and the children of co-workers. His efforts included helping boys and young men with their school work; listening to the teenager with drug and family problems; and providing direction to the 16-year-old, who at one time lived in a van. He still maintains contact with those he has mentored. Two even ended up working for him for several years.

Manager of Materials & Processing Engineering for Parker Hannifin Corp.'s Irvine, CA, and Ogden, Utah, locations for the past 25 years, Chuck holds a degree in Metallurgical Engineering from the Polytechnic Institute of Brooklyn. He has been married to his wife for 38 years, and has a daughter, Teri, a son-in-law John, and two grandsons, Tyler and Spencer. Chuck attributes his successes in his volunteer work to the support and long-time assistance of his wife, who he says has spent many an anniversary at a scout meeting or helping to collect papers for

a fund-raiser. Both look forward to spending their retirement years volunteering and helping others.

"Success in any endeavor requires 'jumping in with both feet', being fully committed and never losing contact with these individuals as the years progress," says Chuck.

—Information for this article was contributed by Lee Boon, Volunteer Coordinator, South Region/Laguna

## Quotable Quote

*"Every child  
is born  
a genius."*

—Richard Buckminster Fuller

## Therapist Spotlight

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from California State University at Long Beach. Lynda's career experiences include working as a case manager in a foster care agency, serving as a foster care program coordinator and providing development and psychotherapy for teenage pregnancy prevention. However, she attained her lifelong goal of becoming a therapist for children, when she joined the team at the Child Guidance Center.

—Information for this article was contributed by Sunney Shin, Volunteer Coordinator, North Region

# SEPTEMBER 2002

# Calendar of Events

*The CYS-Project Together Calendar is a collection of affordable, fun, wholesome and interesting events that can be enjoyed by children, teens and adults. To submit an item for the calendar, please call (714)796-0100.*

## **Monday, Sept. 2** **Labor Day Family Funfest**

Nixon Library  
18001 Yorba Linda Blvd.  
Yorba Linda  
(714)993-3393

Square dancing, sing-along concert and exhibits will be featured on this day. Hot dogs and cold drinks will be sold by Boy Scouts as a camp fund-raiser.

Time: 2 p.m.  
Cost: Free

## **Monday, Sept. 2** **Cruz Night Car Show**

Las Flores Hand Car Wash  
28622 Oso Parkway  
Las Flores  
(949)888-6581

This is a hot rod cruz with cool cars, give aways and opportunity drawing.

Time: 5:30 p.m.  
Cost: Free

## **Wednesday, Sept. 4** **"Spice"**

### **Concert in the Park**

Hart Park Band Shell  
701 Glassell  
Orange  
(714)744-7278

Time: 7 p.m.  
Cost: Free

## **Friday to Sunday** **Sept. 6-8** **Annual Greek Celebration**

St. Paul's Greek Orthodox Church  
4949 Alton Prkway  
Irvine  
(949)733-3102

Free Greek dance lessons and cooking demonstrations are only part of this event, which is famous for its Aegean Café with homemade pastries and traditional foods, specialty boutiques and folk

dancing. Live music will be by Levendia and John Bilesikjian.

Time:	Friday	5-10 p.m.
	Saturday	Noon-10 p.m.
	Sunday	Noon-9 p.m.
Cost:	Children under 12 and seniors	Free
	Admission	\$2

## **Saturday & Sunday** **Sept. 7 & 8** **Sand Castle Festival**

First Street and Pacific Ocean  
Seal Beach  
(562)799-0179

Dating back to the 1960s, this event draws crowds to the beach where team sand castle building takes place. The divisions to enter are corporate, club and family. This event benefits Save Our Beach, dedicated to improving water quality along the Southern California coastline. Volunteers to perform various duties are welcome and may call Kim Masoner at (562)799-0179.

Time:	Contest—10 a.m.-2 p.m.	
	Saturday	
Cost:	Entry Fee	
	Family	\$10
	Organization	\$25
Attendance:	Free	

## **Saturday, Sept. 7** **Open House**

Orange County Therapeutic Art Center  
208 N. Broadway  
Santa Ana  
(714)547-5468

Drop by on Saturday evening and participate in creating an art project, creating music or learning a dance step or two. The center holds open house the first Saturday of every month in collaboration with the Artists Village Open House, during which some 50 galleries, studios and restaurants that make up this art colony light up downtown Santa Ana. Music and food are standard fare and the art, if not exquisite, is thought-provoking.

Time: 7-10 p.m.  
Cost: Free

## **Saturday, Sept. 7** **Craft & Sewing Festival**

Orange County Fair & Exposition Center  
88 Fair Drive, Bldg. # 10  
Costa Mesa  
(714)751-3247  
www.ocfair.com

Time:	10 a.m.-5 p.m.	
Cost:	Adults	\$8
	Under 12	Free

## **Saturday, Sept. 7** **Quilt Show**

Orange County Fair & Exposition Center  
88 Fair Dr., Bldg. # 14  
Costa Mesa  
(714)751-3247  
www.ocfair.com

Time:	10 a.m.-5 p.m.	
Cost:	Adults	\$5
	Under 10	Free

## **Saturday, Sept. 7** **Whodunit?**

Discovery Science Center  
2500 N. Main  
Santa Ana  
(714)542-2823

Solve the crime! Everyone from age 5 to 102 may participate in collecting clues and evidence to unravel the mystery.

Time:	10 a.m.-5 p.m.	
Cost:	Adults	\$11
	3 to 17	\$8.50

## **Saturday, Sept. 7, 14, 21, 28** **Mornings with the Ranger**

O'Neill Regional Park  
Santiago Canyon Road @Live Oak Canyon Road  
Mission Viejo  
(949)858-9365

Hike with the ranger who will point out the fascinating changes that take place during the seasons and change of seasons. This is a wilderness area, so wear closed shoes with socks and long pants.

Time: 9-10 a.m.  
Cost: Parking \$4



**Sunday, Sept. 8  
Engine & Boiler Room Tour  
Queen Mary**

Long Beach Harbor  
Long Beach

Time: 10 a.m.-6 p.m.

Cost: Kids under 12 Free

**Sunday, Sept. 8, 15, 22 & 29  
Historical Park Walk**

Heritage Hill Historical Park  
25151 Serrano Rd.  
Lake Forest  
(949)855-2028

Join the volunteer tour guide, dressed in a turn-of-the-century costume, for a guided tour of the park's four historical buildings, including the original adobe built in 1863.

Time: 11 a.m.-2 p.m.

Cost: Free

**Sunday, Sept. 8  
Grandparents Family Festival**

Kidseum  
1801 Main St.  
Santa Ana  
(714)567-3600

Re-create yesteryear on this day of learning from the grandparents. Learn how to make corn husk dolls, how to create a crazy quilt to add on to as you grow older, make your own barn hex symbols and join Sandii Castleberry and learn how to play the spoons, washboard and other homemade instruments.

Time: 10 a.m.-5 p.m.

Cost: \$5

**Sept. 7  
Sunday, Sept. 15  
Orange County Bird Fair**

Orange County Fair & Exposition Center  
88 Fair Dr., Bldg. # 10  
Costa Mesa  
(714)751-3247  
www.ocfair.com

Time: 9 a.m.-4 p.m.

Cost: Adults \$5  
Ages 5-12 \$1

**Sunday, Sept. 15  
Exotic Pet Faire**

Orange County Fair & Exposition Center  
88 Fair Dr., Bldg. # 14  
Costa Mesa  
(714)751-3247  
www.ocfair.com

Time: 10 a.m.-5 p.m.

Cost: Adults \$5  
Ages 5-12 \$1

**Saturday, Sept. 21  
Cave Painting**

The Very Special Arts Gallery  
Main Place Mall  
2800 N. Main, Suite 2050  
Santa Ana  
(714)835-8867

This is a class designed for people with special needs and the classes are opened to all. An adult must accompany all children. Supplies are provided at no charge. Remember not to wear your best clothes.

Time: 1-3 p.m.

Cost: Free

**Saturday, Sept. 21  
Fossil Day**

Clark Regional Park  
8800 Rosecrans Ave.  
Buena Park  
(714)670-8045

This is an all age event. So grab a friend or family member and go dig for real fossils. Bring water and a picnic.

Time: 9 a.m.

Cost: Parking \$4

**Saturday, Sept. 21  
Unicorns and Magic Tea Party**

Kidseum  
1802 Main St.  
Santa Ana  
(714)480-1520

South Coast Master Story Tellers will serve tea, cookies and some great stories consistent with the theme of unicorns and magic. Call to register.

Time: 10:30 a.m.-Noon

Cost: Children and Adults \$5

**Saturday, Sept. 21  
Saturday at the Mission**

Mission San Juan Capistrano  
Camino Capistrano and Ortega Highway  
San Juan Capistrano  
(949)234-1300

This is a hands-on program to involve children in the mission's early history. There will be four different classes offered during the year. Enjoy an historically appropriate snack and take home a craft project and achievement certificate.

Time: 9-11:30 a.m.

Cost: \$15

**Saturday, Sept. 21  
Kidnap Prevention  
Self-Defense**

Learning Tree University  
265 McCormick Ave.  
Costa Mesa  
(714)427-0588

This is a workshop specifically designed for children and their parents or guardians as a public service to the community and to increase public awareness of how to prevent child abduction. David A. Bellman, a specialist in kidnap prevention for the past 34 years, will teach participants how to identify a stranger, not talk to a stranger, not get into a vehicle and how to run away from a dangerous situation. Participants also will come away with tips to help them cope with school ground situations, internet safety and how to develop awareness skills.

Time: 3-5 p.m.

Cost: Free

**Saturday & Sunday,  
Sept. 21 & 22  
Toshiba Tallships**

Ocean Institute  
24200 Dana Point Harbor Dr.  
Dana Point  
(949)496-2274

The tallships will parade into Dana Point Harbor at sunset on Friday, Sept. 20 and the celebration of Southern California's rich maritime history begins on Saturday morning. Tour the tallships, hop a tallship for a sunset cannon battle cruise, observe a pirate encampment, take a try at knot tying, have some great food and then visit the new Ocean Education Center.

Time: 10 a.m.-5 p.m.

Cost: Free

Ship tours for small fee

**Sunday, Sept. 22  
Victorian Market Day & Faire**

Discovery Museum of Orange County  
3101 W. Harvard St.  
Santa Ana  
(714)540-0404

The Victorian Tea Society will present the 6<sup>th</sup> annual 1890's market and fair featuring genre vendors, an elegant former century atmosphere and wonderful food. If you come in a Victorian costume, admission cost will be reduced by \$1.

Time: Noon-5 p.m.  
 Cost: Adults \$5  
 Children \$4

### **Sunday, Sept. 22 & 28 Caspers Wilderness Hike**

3340 Ortega Highway  
 San Juan Capistrano  
 (949)728-0235

This is a 1-mile hike led by volunteer guide through the oak and sycamore woodlands. Discover the native plants, their uses and types of wildlife found in the area. This is a peaceful, but invigorating Sunday outing.

Time: 8:30 a.m.  
 Cost: Parking \$4

### **Saturday & Sunday, Sept. 28 & 29 Horse Show**

Orange County Fair & Exposition Center  
 88 Fair Dr., Bldg. 10  
 Costa Mesa  
 (714)751-3247  
 www.ocfair.com

Time: 8 a.m.-5 p.m.  
 Cost: Free

### **Saturday, Sept. 28 Campfire Night**

O'Neill Regional Park  
 Santiago Canyon Road @ Live Oak  
 Canyon Road  
 Mission Viejo  
 (949)858-9365

Get out of the house and join the ranger for an evening of stories around the campfire.

Time: 8:30 p.m.  
 Cost: Parking \$4

### **Saturday, Sept. 28 Huntington Beach Funroll**

Huntington Beach Pier Amphitheater  
 Pacific Coast Highway & Main  
 Huntington Beach

Skaters of all ages may join the funroll group skate, which is a 16-mile round-trip easy trip. Bikes are also welcome. There are several stops along the way. Wear your protective gear, including wrist gear and helmet. Participants may also gather for lunch afterward in downtown Huntington Beach.

Time: 10:30 a.m.  
 Cost: Free

### **Saturday, Sept. 28 "Unsigned Indies"**

Orange Eclectic Festival 2002  
 Town Center Park  
 (at South Coast Plaza)  
 Newport Mesa  
 (949)553-2422

This all ages outdoor concert features the "Unsigned Indies," which drew a capacity crowd at The Getty and stopping traffic on the 405 freeway last year. The event kicks off the festival, which features performances by local, independent musicians who have not signed with a record label. All artists have been hand-picked by Nic Harcourt, host of KCRW's signature music show, "Morning Becomes Eclectic." Bring a picnic to enjoy on the grass or enjoy the fare of local restaurants.

Time: 5-7 p.m.  
 Cost: Free

### **Saturday, Sept. 28 Little Safety Officer Program**

University of California Irvine Medical  
 Center, Building # 55  
 101 The City Drive South  
 Orange  
 (714)456-7890

This is one in a series of programs designed for youngsters about safety. This particular one deals with medical air flight safety.

Time: Noon  
 Cost: Free

## **Mark Your Calendars**

### **October 8, 10, 15, 17, 22 Mentor Workshops**

How to Cope with Difficult Situations  
 (714)796-0100

Workshops, conducted by CYS-Project Together Volunteer Coordinator Jonathan Schiesel, will be held at a different location on each date so all mentors may easily access a training closest to their home or work. Watch for the announcement in the mail.

Time: 7-8:30 p.m.  
 Cost: Free

### **Daily Old Fashioned Roller Skating**

Fountain Valley Skating Center  
 9105 Recreation Circle  
 Fountain Valley  
 (714)847-6300

This is roller skating in an old-fashioned wooden rink and this floor has been newly refurbished. Rent some skates or bring your own, if you have the right wheels. They have special games for kids and skate dance competitions for teenagers on weekends. And, if you are a beginner, others will help "baby step" you along the wall, or at least pick you up off the floor. Due to special events schedule, call to confirm rink availability.

Time: 10 a.m.  
 Cost: Admission \$5  
 Skate rental \$2

### **Singing Hen Farm**

9731 Walker St.  
 Cypress  
 (714)826-9494

Cypress was a rural town until the 1960's and Singing Hen Farm owner Calvin Meekhof raised chickens. After he moved the operation to Riverside, he still kept two rows of chickens and black rabbits on the property and put them in front of Singing Hen Farm, which is a small dairy grocery placed on the family's egg ranch location.

Time: Monday-Friday  
 10 a.m.-6 p.m.  
 Cost: Free

### **Asian Garden Mall**

9200 Bolsa Ave.  
 Westminster  
 (714)894-3854

Located in the heart of Little Saigon, this Asian style façade has become a Southern California landmark graced by the life-size Happy Buddha and images of fortune, longevity and prosperity. Step inside and cool down by enjoying a sugarcane drink or papaya salad. Browse to find a blend of American and Vietnamese products, including blankets, herbs, shoes, clothing and jewelry, reflecting life in the Vietnamese community.

Time: 9 a.m.-7 p.m.  
 Cost: Free

## Projects Corner

## Go Back to School 'On the Cheap'

While many schools have year-round sessions, September is still the month when most think of getting ready to "go back" to school.



It's a good time to clean out the drawers and closets of clothing that has been outgrown or is no longer "parent or peer approved."

Or perhaps a child or teenager you know has limited resources, but still needs clothing for school. Here's how you can help him or her achieve success with a small amount of money.

Have the child make a list of his or her needs, including absolute necessities, basics and "I would love to have" categories. Go over it together. First go window shopping at a mall, to get an idea of what's in fashion and the price of clothes. Then pay a visit to your local thrift shops to do some comparison shopping. Make up a budget and go over it together.

Many of the local thrift shops have a bounty of clothing, new and used, that makes it possible to put together a decent wardrobe for \$15-\$25.

For instance, at the CHOC Thrift Shop at 2025 W. First in Santa Ana, a 17-

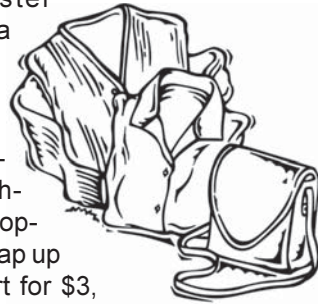
year-old boy can purchase a pair of nice slacks for between \$2.50 and \$5.50 or a pair of jeans for \$1 and a matching shirt for 75 cents, according to their General Manager Dan Miller. One outfit can cost between \$1.75 and \$8. Add a pair of new socks,



which are selling two pairs for \$1.95, and a pair of shoes at \$5.50, and the tally is \$9.20 to \$15.50. They also carry sweaters and jackets beginning at \$5.50. Dan urges his shoppers to check out the sale table, which is 50 percent off the prices listed above. For information, call (714)543-9280.

A teenage girl might want to drop by Deseret Industries, 3132 Westminster Ave., Santa Ana. This store carries size 6 to over-sized clothing.

A shopper can snap up a nice skirt for \$3, a matching blouse for another \$3, a dress for \$4 and new name brand pantyhose and tights for \$1 a pair. New underpants can be purchased three for \$1 and a new name brand bra for \$3. These might be available in ecru color only, but they are a bargain. Deseret has a selection of make up from time to time. This shop also has a dressing room, which assures a good fit before leaving the store.



Deseret currently has a great selection of over-sized clothing for boys, but this is not always the case. Stock changes weekly due to high volume turn over, so call ahead at (714)554-3722.

If top quality is your preference in thrift shops, try the Strawberry Patch, which is operated by the Assistance League, at 10932 Trask Ave. at Euclid in Garden Grove. Blouses are \$3, T-shirts are 50 cents, jeans from \$1-4 and dresses with name labels are between \$3 and \$5. There is a beautiful selection of clothing for children infant to 12 years of age. Their hours are limited from 10 a.m.-3:30 p.m. Tuesday through Saturday, but it's well worth the trip. Call (714)530-2340.



## School Supplies "On the Cheap"

In addition to clothing, the CHOC Thrift Shop carries school supplies for young children priced from 95 cents to \$1.95 per item. There is also a youth section in this store with games priced \$1.50 to \$1.95. According to Dan at CHOC, the best places to purchase electronic school supplies such as calculators required for math classes, is at one of the discount or dollar stores, which sell them beginning at \$2.

The discount stores also have the best prices on basic school supplies, such as notebooks and paper, but they sell out early. Also watch for half price sales beginning in mid-September at the retail office supply outlets. There are some real bargains to be found here.

For computer equipment, check out the Goodwill Computer Works, next to the Goodwill Thrift Store, at 2702 W. 5th St. in Santa Ana. If the child or teenager you know is putting together a computer system on his own with some scavenged equipment, this is the place to go for cables, connectors and second hand parts or systems. You can purchase a hard drive beginning at \$10 and pick up new copies of software at a bargain. This store also has a school resource center. Call (714)543-9272 for a list of their inventory.



## Mentoring Matters

### WELCOME NEW MENTORS

<b>North</b>	Michael Coffey Samantha Mun (Rematch) Cesar Santa Ana
<b>South/ Costa Mesa</b>	Donna Goodman (Rematch) Christopher Looney Molly Powell
<b>South/Laguna</b>	Ernesto Puchades
<b>West</b>	Gina Hernandez Young Joon Kim David Minna Naomi Nguyen (Re-match) Emanuela Sofroni Barry Sohl
<b>Aspen/ Santa Ana</b>	Ben Boyer

### THANKS TO THOSE WHO HAVE MOVED ON

<b>North</b>	Sofia Martinez
<b>South/ Costa Mesa</b>	Debbie Hsieh Kent Noguchi Ami Redman
<b>South/ Laguna</b>	Bob Baker Lorrie Grumbling Cami Levin Azrina Spigner Mike Sweeney
<b>Aspen/ Santa Ana</b>	Maria Albergo

## There's More Than One Way to Hug a Child...

The staff and clients of Children & Youth Services (CYS) and CYS-Project Together deeply appreciate the wonderful support provided by many local businesses and organizations. Our affiliation with the Mental Health Association of Orange County allows us to accept and distribute community resources that are an important asset in the therapeutic process for all the children we serve. Each month, we extend our thanks and give recognition to our caring donors.

**Anaheim Pond**  
Anaheim

**Aspen Community Services,  
Corporate**  
Cerritos

**Build-A-Bear Corporate**  
St. Louis, MO

**Billie Cline**  
Garden Grove

**CM School Supply**  
Anaheim

**Phyllis Crane**  
West Region Clinic

**Northrop Grumman**

**Ralphs**  
Irvine

**Regal Lanes**  
Orange

**Statek Corp.**  
Orange

### For Your Information...

*(continued from page 1)*

and friends of the Health Care Agency (HCA) and MHA. Anyone who has ever attended an HCA retirement, birthday or holiday celebration knows we have some of the best cooks in the world. You may obtain a copy of this cookbook for a donation of \$10. Watch for the order forms, which will be out soon. This would make a great holiday gift for your friends and help us provide resources for Children & Youth Services clients at the same time. For more information, please call Curtis Livingston at (714)796-0100...

Great news from Orange County Therapeutic Arts Center in Santa Ana. There are 40 scholarships available for children interested in learning to play classical music, courtesy of a grant from the Orange County Community Foundation. The program is specifically for string or woodwind instruments and classes will be held Tuesdays and Thursdays from 4:30 to 6:30 p.m. No

musical experience is required. If the child or teenager is unsure of his or her interest in classical music, please have them attend a free workshop at the center, located at 208 N. Broadway in Santa Ana, either from 7 to 10 p.m. on first Saturdays or 11 a.m. to 3 p.m. on last Saturdays of the month. All children or teens who are awarded scholarships must be able to attend classes at the center regularly. For more information or to apply for a scholarship, please call Martha Murphy at (714)796-0121...

### Quotable Quote

*"The soul is healed  
by being with children."*

—Fyodor Dostoevsky



# The Back Page



## Go Back To School In Full Swing

The third annual CYS-Project Together (CYS-PT) Back to School Drive provided 335 Children and Youth Services clients with brand new backpacks filled with school supplies. In cooperation with JanSport, and through donations from Aspen Community Services, Office Depot, Mead Paper and Boise Cascade, the children will start school prepared to learn. Volunteer Coordinators (left to right) Adrienne Davalos of Aspen Community Services and Diane Prescott of West Region, were excited as the full packs stacked up on CYS-PT "Backpack Stuffing Day."

# HIGHLIGHTS

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County of Orange Health Care Agency/Behavioral Health Services

Children and Youth Services/Project Together

405 W. 5<sup>th</sup> St., Suite 436

Santa Ana, CA 92701

(714)796-0100

[www.oc.ca.gov/hca/behavioral/cyspt](http://www.oc.ca.gov/hca/behavioral/cyspt)

Sharon Modaff, Service Chief I

Nancy Robins, Program Supervisor I

Martha Murphy, Editor

## Volunteer Coordinators

Central .....	Martha Murphy .....	(714)796-0100
Central .....	Peggy Evans .....	(714)796-0117
East .....	Veronica Chavez .....	(714)480-6756
North .....	Sunney Shin .....	(714)577-5422
South/Costa Mesa .....	Jonathan Schiesel .....	(714)850-8444
South/Laguna .....	Lee Boon .....	(949)499-8614
West .....	Diane Prescott .....	(714)896-7570
Aspen/Santa Ana .....	Adrienne Davalos .....	(714)565-2830
Aspen/Tustin .....	Ken Cornwell .....	(714)508-1919

The Health Care Agency/Behavioral Health Services/Children and Youth Services provides mental health treatment for emotionally and behaviorally disturbed youth and their families throughout Orange County. CYS- Project Together is a volunteer mentor program for CYS children and teens. The program also offers supportive resources to clients and families to assist them in achieving treatment goals. The program operates cooperatively with its community partner, the Mental Health Association of Orange County.



County of Orange Health Care Agency  
Behavioral Health Services/Children & Youth Services

## CYS-Project Together Highlights

405 W. 5<sup>th</sup> Street, Suite 436

Santa Ana, CA 92701

Address Correction Requested

